

Notices.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at our Offices.

Copies of the NURSING RECORD are always on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

Comments and Replies.

Nurse M., Bristol.—We know of no book on anatomy or physiology for nurses which is so good as that by Miss Diana C. Kimber, a Graduate of Bellevue Training School, and until recently Assistant Superintendent of New York City Training School, Blackwell's Island, New York. The book is published by Macmillan, and is most clearly printed, with excellent illustrations, while the information given is that which after much experience of teaching, Miss Kimber has proved to be most useful to nurses.

Country Matron.—The objects of the Matrons' Council are:—To enable members to take counsel together upon matters affecting their profession, to bring about a uniform system of education, examination, certification, and State Registration for Nurses in British Hospitals, to form an Advisory Committee to which members can apply in cases of professional difficulty, to hold Conferences to discuss subjects of professional, and also of general interest, to encourage members to understand the methods of procedure at meetings. Forms of application for membership may be obtained from the Hon. Secretary, 46, York Street, Portman Square, W.

Private Nurse.—The following recipe for Barley Water is given by Miss Boland in the "Century Invalid Cookery Book," which was recently reviewed in these columns:—One table-spoonful barley flour, one tea-spoonful sugar, one tea-spoonful lemon-juice, and one quart water. Boil the flour, water, and sugar together 15 minutes, then add the lemon-juice and strain the water. Barley water may also be made by boiling two table-spoonfuls of barley (the grain) in one quart of water for one hour. The barley must, of course, be well washed previous to boiling. Barley water is often a most grateful drink to patients who reject other beverages, and there is a certain amount of nourishment in it.

A Trained Nurse.—We should advise you always to keep a "steady" book on hand, to take an interest in public affairs and read a daily paper, and, of course, to read the NURSING RECORD, and keep yourself acquainted with the politics and progress of the Nursing profession. Hospital life is to some extent a narrowing one, and the tendency to narrowness has to be carefully guarded against. The work of a ward is most absorbing, and a nurse may easily let her sympathies become circumscribed by it. But this is not right. Public duties cannot be repudiated, hence the need for care, and for the cultivation of large-mindedness.

Qualified.—We do not advise you to start a private nursing home unless you have a considerable amount of capital to sink in your venture. The expenses, both as to furnishing, and with regard to keeping up, are enormous. Also, there are so many homes of the kind, good, bad, and indifferent, in existence now, that unless you have a good connection, and can afford to wait for profits, you had better take up any other branch of nursing. Homes are occasionally advertised for sale in the columns of our Supplement.

Reader, London.—You can always obtain the NURSING RECORD, at 269, Regent Street, if you are unable to get it from your own bookseller. This is a most central place, being close to Oxford Circus.



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